

Elevate Your Space

A Step By Step Guide on Downsizing



Inventory

Start by separating what you truly need from what you don't. If you haven't used something in the past year—or if you didn't even realize you had it—it's time to let it go. The goal of downsizing is to simplify, so take only what you truly need with you.

Declutter

Try the **Three-Box Method**. Label three boxes: "Keep," "Get Rid Of," and "Put In Storage." Keep only what you use daily. Get rid of items you no longer need, then sort them into donations, for sale, family hand-me-downs, or things that should be tossed. Seasonal or sentimental items can go into storage.

Digitize

Sort through old bills, receipts, and documents. Recycle anything unnecessary and store important files, like past tax records, in a plastic bin. For others you may need later, scan them for digital copies, then shred and dispose of the originals. Convert home movies, music, and photos to digital files to save space without losing memories. In today's streaming world, it's probably time to let go of old VHS tapes, DVDs, and CDs—when in doubt, recycle them.

Measure

Measure each your furniture to see if it'll fit, or if you need to part with any items. It's easier to figure this out before moving in rather than discovering a couch doesn't fit later. Similarly, avoid buying new furniture until you've settled into your new space.

Storage

Opt for multifunctional furniture - storage ottomans, platform beds with drawers, bookshelves, and wardrobes.

Utilize wall space - floating shelves work well for displaying items and adding storage.

Make use of hidden spaces - areas under closets are perfect for storing seasonal or sentimental items. In bathrooms, maximize space with over-the-door hooks, towel racks, and under-counter bins.

□ Time Manage

Decluttering takes time, so start early to avoid the stress of rushing. Give yourself space to reflect and make thoughtful decisions about what to keep or let go. Don't hesitate to ask for help—family, friends, or professional services can make the process easier and more efficient.

Tips for Decluttering

Start by assessing your current space and lifestyle to figure out what truly matters to you. From there, focus on decluttering—sort through your belongings, keeping only what adds value to your life, and let go of the rest. Take it one step at a time, and remember that downsizing is about more than just reducing space—it's about creating a home that better fits your needs and enhances your well-being.

Downsizing In Style

Royal Heights offers the perfect way to simplify your life while maintaining your freedom and comfort. With thoughtfully designed spaces, tailored amenities, and a supportive community, you can focus on what truly matters—enjoying your lifestyle without the burden of home maintenance. Check out our website for more information or contact an advisor today to get started.